

# Revelstoke Secondary School

## Athletic Handbook



**R**espect

**S**afety

**S**uccess





# Revelstoke Secondary School Athletic Handbook

## A. Core Athletic Values

### 1. Revelstoke Secondary School Mission

All coaches, student-athletes, and parent/guardians involved in R.S.S. school sports must practice the mission of Revelstoke Secondary School of "Respect, Safety and Success" in all matters.

### 2. Sportsmanship

Winning or losing, coaches, student-athletes and parent/guardians must exhibit good sportsmanship at all times.

### 3. Commitment

All coaches, student-athletes and parent/guardians are expected to commit to their athletic program(s), including all practices and competitions within the season of play.

## B. Philosophy Statements

### Grade 8

- Basic Skill Development
- "No Cut" policy
- Full and equal playing time until playoffs
- Focus on participation in a competitive environment

### Grade 9/10 (Junior)

- Introduction to specialized skill development
- Team size restrictions may apply
- Try-outs may occur
- Playing time may not be equal
- Every member should receive a fair opportunity to play in games
- Focus is on balance between participation and competition at the beginning of the season, with this balance moving more towards competition by the end of the season.

### Grade 11/12 (Senior)

- Elite skill development
- Try-outs may occur
- Playing time may be unequal
- Focus on competition

## **C. Coaches' Code of Conduct**

The coach plays a critical role in the personal and athletic development of student athletes. Therefore, coaches are expected to model the positive aspects of school sports. Coaches' behaviour must be of the highest standard and reflect the core beliefs of Revelstoke Secondary School: Respect, Safety and Success.

### **Coaches shall:**

1. Conduct themselves at all times in the knowledge of the moral and legal obligations of School District #19, Revelstoke Secondary School, and BC School Sports.
2. Actively uphold the rules, as well as the spirit of the rules of the sport and actively encourage student-athletes to do the same.
3. Treat all student-athletes, coaches and parents fairly and respectfully.
4. Respect the judgment of officials without vehemence or argument, and require student-athletes to do the same.
5. Refrain from the use of profane, harassing or offensive language, as well as any kind of physical force while in the conduct of coaching duties.
6. Encourage a healthy lifestyle while in the company of student-athletes, including actively discouraging the use of performance enhancing substances, as well as alcohol, tobacco, and illicit drugs.

## **D. Student-Athlete Code of Conduct**

The conduct of a student-athlete at Revelstoke Secondary School is a reflection on themselves, their team, their school and their community. The Athletic/Extra-Curricular Performance Agreement binds student athletes. (See attached) As well, student-athletes are to:

1. Exhibit respect.
2. Exercise self-control at all times.
3. Refrain from the use of performance enhancing drugs, alcohol, tobacco and illicit drugs while conducting themselves as a member of an R.S.S. school sport.
4. Refrain from the use of foul or profane language, especially towards opposition athletes and officials.
5. Play fair and respect the rules, as well as the spirit of the rules of the sport.
6. Respect all R.S.S. school rules while on school approved sports activities.

## **E. Parent/Guardians and Spectators**

Parent/guardians and spectators are welcome and encouraged to attend R.S.S. school sport activities. All parents and spectators must treat everyone with respect. Parents and spectators should:

1. Cheer in a positive manner for all student-athletes.
2. Respect the judgments of officials.
3. Show good sportsmanship by exhibiting courteous behavior to fellow spectators, event organizers, coaches and officials.
4. Ensure that any questions regarding team policies are first discussed with the coach of the team.

## **Athletic Discipline**

All athletic discipline issues shall be referred to the Athletic Director. That person may then involve school administration for assistance. Athletic discipline will occur for a violation of the Athletic/Extra-Curricular Performance Agreement, or for a violation of the core values of R.S.S. Athletics.

1. Any athletic discipline issues will occur with the full knowledge of the coach of the team, the student-athlete, and the parent/guardian.
2. The Athletic Director at his/her discretion may order a probationary period.
3. An Athletic Suspension may be ordered until the issue is rectified. A "No Play" order will go into effect, and must include at least one competition.
4. A Team Suspension may be ordered by the coach at his or her discretion for a violation of team policies. These policies need to be communicated clearly to student-athletes and parent/guardians at the pre-season meeting. The student-athlete, the parent/guardian, and the Athletic Director must be informed immediately of such a suspension.
5. Reinstatement to play will occur once the issue has been rectified, and the Athletic Director will so order.

## **Withdrawal from a Team**

**Student-athletes are expected to complete any season of play to which they have committed.**

1. Prior to the selection of the team, or the end of the first week of practice a student may withdraw from the team without the coach's permission.
  - a. Once the try-out process has been completed, or the first week of practice is complete a student-athlete is expected to meet their commitments to the team fully. The school athletic fee is non-refundable.
2. Players who withdraw, or are asked to withdraw from a team will be directed to a meeting with the Athletic Director and/or a school administrator. If the school decides to withdraw the student-athlete from the team, that student-athlete:
  - a. Will be ineligible for any Athletic Award
  - b. May be ineligible for one or more school sports seasons of play following the season of play in which the withdrawal took place. The Athletic Director and school administration will determine the length of this ineligibility period.
  - c. School athletic fees and team fees may not be refunded.



## **Athletic/ Extra-Curricular Performance Agreement**

A student's involvement in a school sport provides opportunities and experiences that are important to the development of a well-rounded student. Students must remember that their participation in athletics/extra-curricular activities is a privilege, not a right. In order to participate in athletics/extra-curricular school activities a student must be 'eligible' according to the following criteria:

1. Grades are within a range for projected course completion or plans are in place to address issues.
2. The student is not receiving an "N" for work ethic in any course.
3. The student's behaviour and conduct is at the expected levels as outlined in the School Code of Conduct.

If at any time a student is unable to meet the criteria listed above, he/she will be ineligible to participate in athletics/extra-curricular events until the issue has been corrected, and the Athletic Director reinstates the student to 'eligible' status. A student who has been suspended from school may be ineligible to participate in a game/match for a period up to three times the length of the suspension.

Students who are injured or sick should still participate to the best of their ability, in consultation with their coach, parents, and medical professionals. Students who are 'sick' on the day of a competition may not play that day.

*Students are responsible for any work missed in any of their courses due to athletic/extra-curricular events.*

At all times while a member of a R.S.S. team, students are to present themselves in a positive manner in their school, community and in other communities.

I have read and understand the athletic/extra-curricular agreement.

---

Parent/Guardian

---

Student